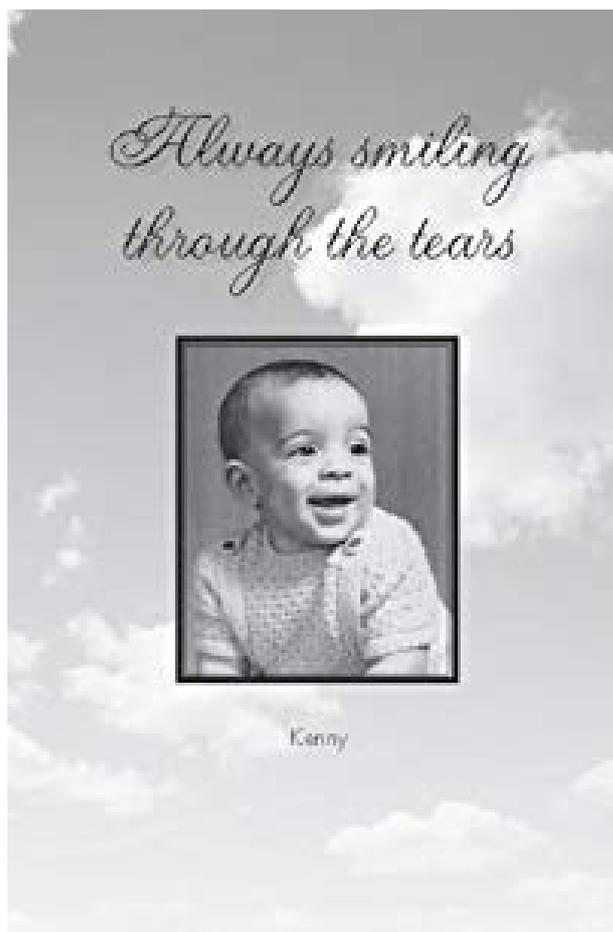


Always Smiling Through The Tears



Author:	Brian Kenny
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Genre:	Uncategorized
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[Always Smiling Through The Tears.pdf](#)

[Always Smiling Through The Tears.epub](#)

For many, suicide and abuse are only experienced through the media. However, for those who call them reality, each case presents a heart-churning cry for help. In the hope of sharing his experiences with others and inspiring those in need to conquer their problems, one victim of life's tribulations has released a powerful new book. 'Always Smiling Through the Tears', written by an author only identifying himself as Kenny, tells the story of abuse and suicide from the inside out. Offering a unique and frankly honest journey through his own life experiences, Kenny's story proves that life is still worth living. Synopsis: In October, 2010, Kenny put 2 nooses round his neck in the garden shed. Twice. This is his story, a story of a broken home, mixed race children, racism, adversity and heartbreak. Suicide is all too common in our broken society, and here you see it revealed from the inside, to find what actually drives somebody to the point where the pain of death is seen as preferable to the pain in life. Told in his own words, his own language, the raw emotion comes through so you feel his pain beneath the façade of smiling happiness, Kenny would like this to be a manual for people in pain, giving them help and resources to conquer their problems and live a full and happy life. As the author explains, he hopes his book will serve as a life-changing tool to those who are in need of hope. " The UK has a population of over 63 million people of which, the BBC claim nearly 10 million watch Eastenders, ITV claim 9 million watch Coronation street and many others watch other soap operas and dramas. But, ask yourself how many of those viewers or of the population sit and watch, the pain, tears and suffering of those they love and

do nothing. Many sacrifice all they have to help those in pain, regard of the pain they themselves know they'll suffer. The Christmas period is one of the worst time of year for those suffering and hiding the pain; therefore just spending time listening and discussing their thoughts can be an inspiring and price gift to them." Kenny explains. "Due to my experience of feeling abandoned, misunderstood, miscommunication and more over my life, I would like to get across the importance of listening and communicating with family, friends and work colleagues when, you see them needing help, feeling low and/or worse," says Kenny. He continues, "Talking with counselors or the Samaritans for advice and not making assumptions or opinions without knowing facts, as it can lead to unnecessary emotional pain, torment and suicides." Since its release, Kenny's story has garnered a consistent string of rave reviews. "Kenny has truly bared his soul in this book. Only advice I can give to is keep a box of tissues handy. Although there are parts that will bring tears there are many that bring smiles. The fact that Kenny isn't a writer and that they didn't correct grammar etc I think this has kept his true story very real. I really liked that," says one reader, who reviewed the book for Amazon. At its heart, the book's presence will be a welcomed force into a literary world where honesty, emotion and truth will always prevail.

'Always Smiling Through the Tears', published by My Voice Publishing, is available for purchase from Amazon.com and Play.com. Direct purchase link: <http://www>.

amazon.co.uk/Always-Smilin..... About the Author: Kenny, 42 years old, was born in the Washington DC. USA as mixed race child from a broken family, black American and White Spanish. He speaks Spanish fluently and finished school with 3 O-levels (English, Maths and Spanish). A successful career in retail which included being a manager at several sport retail stores.