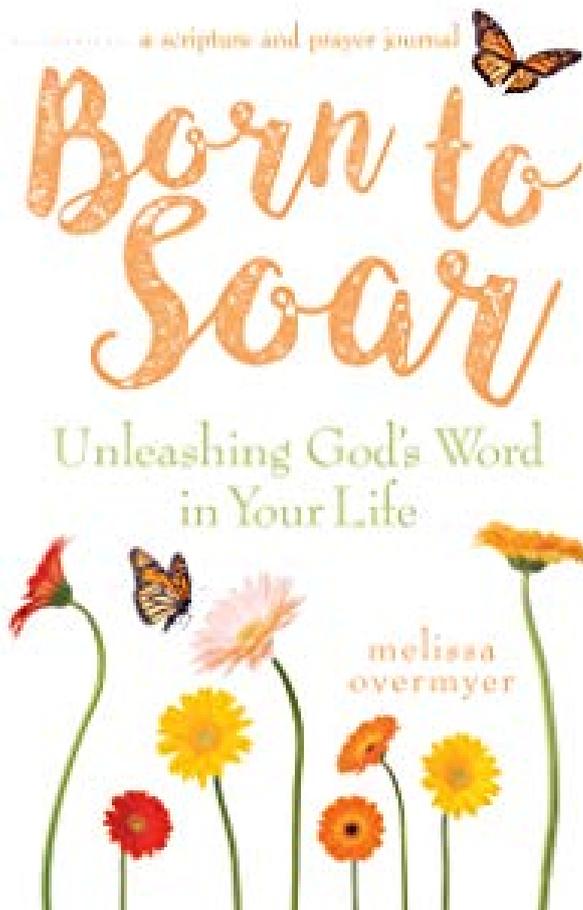


# Born to Soar: Unleashing God's Word in Your Life



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“What more do you want, o soul! And what else do you search for outside, when within yourself you possess your riches, delights, satisfaction and kingdom—your beloved whom you desire and seek? Desire him there, adore him there. Do not go in pursuit of him outside yourself. You will only become distracted and you won't find him, or enjoy him more than by seeking him within you.” – St. John of the Cross

If you have six weeks, you can change your spiritual life. Born to Soar is a beautiful prayer and Scripture journal experience that combines video-based online teaching with written reflection in order to gently coach you through an exploration of the truths of Scripture. Even if you're learning about the Bible for the very first time, artist, veteran Scripture teacher and founder of Something Greater Ministries Melissa Overmyer will show you how to achieve your full, God-given potential. Drawing from the image of the monarch butterfly at every stage of development—egg, caterpillar, chrysalis, hatching, soaring and reproducing—Overmyer teaches in six simple ways how to “cocoon” into God's presence through prayer, Christian meditation and pondering the truths of Scripture. If you feel yourself in need of a renewal or transformation in your life, Born to Soar is the place to start. The journal contains plenty of space to reflect and record your own thoughts as you explore the texts presented with each one. It also includes special resources for group discussion leaders as well as resources to continue exploring on your own. In this journal study, you will meet St.

John of the Cross, whose mystical poetry offers profound insights for truth seekers at every stage of spiritual development, whether or not they self-identify as Catholic. You'll also discover the concept of Lectio Divina—the Bible as the Living Word, not just a dry text to dissect intellectually. Born to Soar is a powerful exploration of faith for individuals as well as groups, greatly enhanced by video-based teaching.