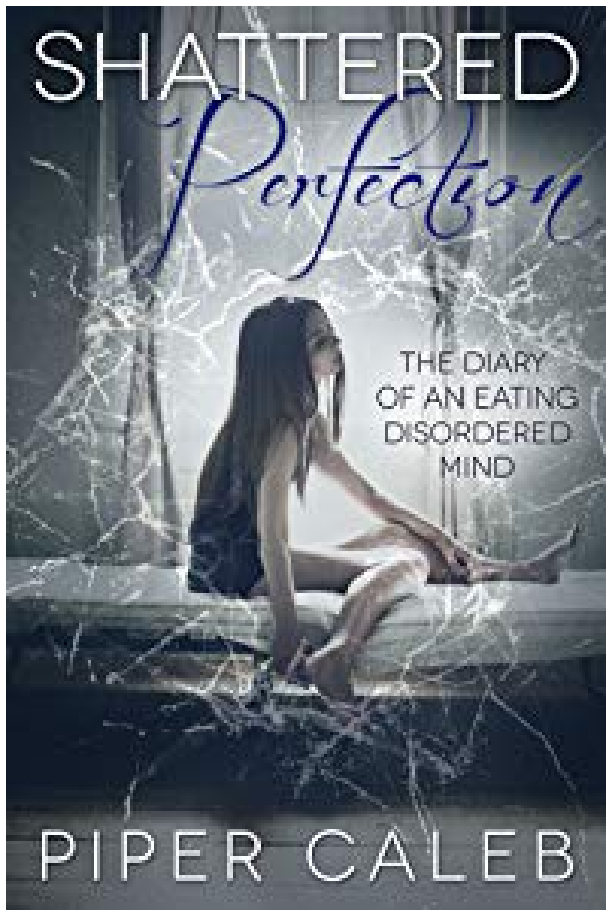


Shattered Perfection: The Diary of an Eating Disordered Mind



Author:	Piper Caleb
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How did I end up admitting myself to an eating disorder treatment center? I wish I could pin point one thing that sent me on this path, but it's not that simple. It wasn't the fact that a boy cheated on me, or that I had a tough time growing up. It wasn't the fact that I was verbally abused, or the fact that eating disorders run in my genes. It wasn't me suddenly getting recognition as a ballerina when I got mono and dropped 25 pounds; it wasn't a cry for help. It was all of those things combined...and much more. In my diary entries you will get to see how the mind of this eating disordered girl works. You will learn a lot more about me as a person—no holding back—and what brought me to rock bottom; and how I slowly fought my way back. New Adult Author Piper Caleb's debut release! Coming out Spring 2014! "Shattered Perfection: THE DIARY OF AN EATING DISORDERED MIND"