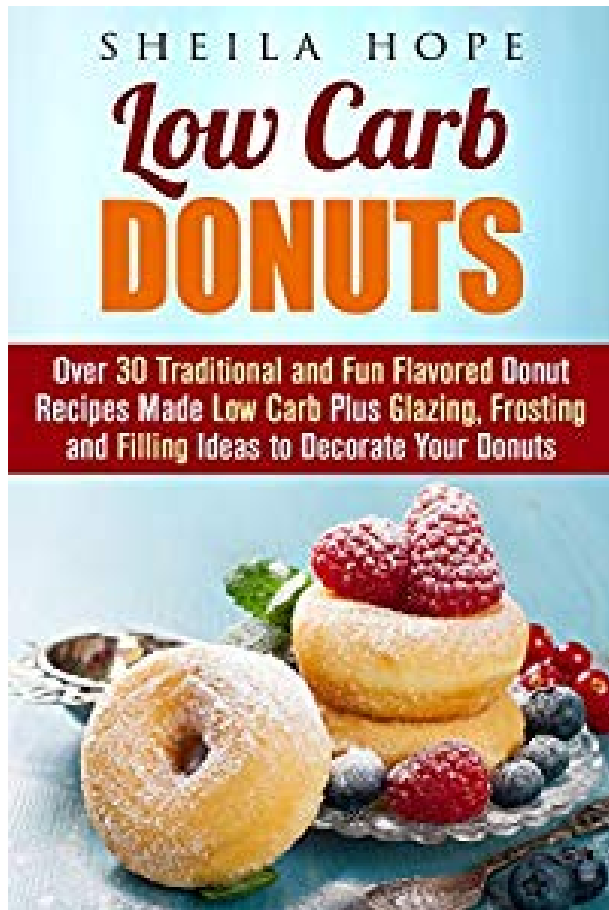


# Low Carb Donuts



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|--------------------------|--------------------|
| <b>Author:</b>           | Sheila Hope        |
| <b>Language</b>          | English            |
| <b>Genre:</b>            | Food and Drink     |
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[Low Carb Donuts.pdf](#)

[Low Carb Donuts.epub](#)

Are you thinking of adopting a low carb diet to help lose weight? Are you worried about having to give up your favorite pastries? If you answered yes to either of those questions or are simply looking for a healthier donut this book is the perfect choice for you. Making the change to a low carb diet may sound a bit terrifying, as you are going to have to give up a lot of your favorite foods. However, there are several benefits that you can benefit from by making the change. Going low carb allows you to still eat donuts, while losing weight, improving blood sugar, lowering cholesterol, and much more. With this amazing book you will learn everything that you need to know about making your own low carb donuts. No more eating hard, day old low carb donuts that you bought at the store. When you make your favorite donuts at home you get the pleasure of eating them when they are best; directly out of the oven while they are nice and warm. Inside You Will Learn:

- Benefits of eating low carb
- Changes you will make when going low carb
- Everything you need to start making low carb donuts
- Traditional donut recipes turned low carb
- Fun donut flavors turned low carb
- How to decorate your donuts while staying low carb
- And Much More

Once you learn how easy it is to make your favorite donuts in their low carb form all that is left is decorating them. The last chapter of this book goes over the different techniques you can use, including glazing and icing. Don't wait another minute. Learn how easy it is to make low carb donuts from home. Don't Delay. Download This Book Now.